

Study Guide to Accompany NASM Essentials of Corrective Exercise Training



BOOK DETAILS

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BOOK SYNOPSIS

Understanding Irritable Bowel Syndrome (IBS) Anatomical Chart provides a simple visual overview of the large intestine with common areas of cramping, bloating and blockage indicated Defines and explains IBS Compares a close up view of a normal bowel and a IBS bowels Discusses: causes signs and symptoms risk factors diagnosis treatment and management techniques Made in USA Available in the following versions: 20" x 26" heavy weight paper laminated with grommets at top corners ISBN 9781608312153 20" x 26" heavy weight paper ISBN 9781608312146

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