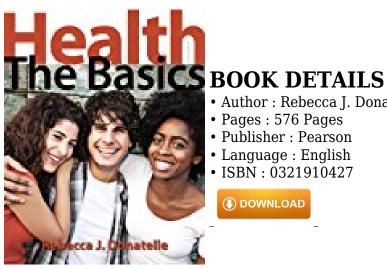
Health The Basics 11th Edition



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BOOK SYNOPSIS

For Personal Health Courses Connecting Your Health to Your World-Money and Technology Edition Health: The Basics, Eleventh Edition focuses health coverage on real-world topics that have the greatest impact on students lives, bringing health topics to life and keeping students hooked on learning and living well. This text addresses students diverse needs and learning styles with new Video Tutors and the new (optional) MasteringHealth.(TM) Along with its dynamic new content and technology, this book retains its hallmarks of currency, excellent research, strength in behavior change, attractive design, imaginative art, and unique mini-chapters. This program presents a better teaching and learning experience-for you and your students. Health: The Basics, Eleventh Edition will: *Personalize learning with MasteringHealth (optional): MasteringHealth coaches students through the toughest health topics. Engaging tools help students visualize, practice, and understand crucial content, from the basics of health to the fundamentals of behavior change.*Cover health topics with a real-world focus: Money and Technology are two of the timeliest issues arising in health today and are addressed through the new Money & Health and Tech & Health boxes. A new mini-chapter targets financial challenges students face every day, such as budgeting, scams, and debt. *Make health mobile: Video Tutors throughout the text present key figures or points of discussion in an engaging video. OR codes make these short videos easily viewable from a smartphone, tablet, or laptop. *Support instructors: Robust instructor tools, including the Teaching Toolkit with rich media, the Test Bank, and the new MasteringHealth learning platform help you plan your lecture and assess students. *Encourage critical thinking and behavior change: Learning Catalytics(TM) is a bring your own device student engagement, assessment, and classroom intelligence system that enables instructors to assess students in real time, improve students critical-thinking skills, access rich analytics, and more. Note: You are purchasing a standalone product; MasteringHealth does not come packaged with this content. Mastering Health is not a self-paced technology and should only be purchased when required by an instructor.

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