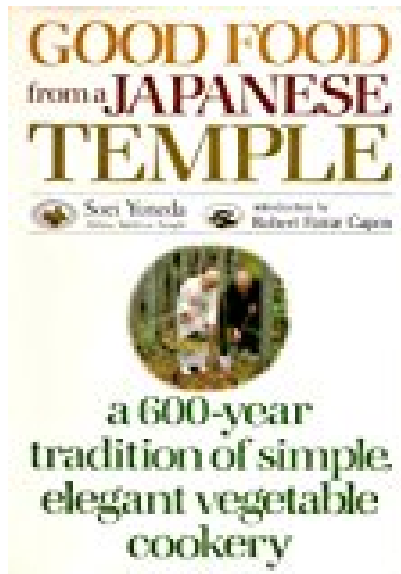


Good Food from a Japanese Temple a 600-year tradition of simple elegant vegetable cookery



BOOK DETAILS

- Author : Soei Yoneda
- Pages : 244 Pages
- Publisher : Kodansha Amer Inc
- Language : English
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BOOK SYNOPSIS

To do what no other magazine does: Deliver simple, delicious food, plus expert health and lifestyle information, that's exclusively vegetarian but wrapped in a fresh, stylish mainstream package that's inviting to all. Because while vegetarians are a great, vital, passionate niche, their healthy way of eating and the earth-friendly values it inspires appeals to an increasingly large group of Americans. VT's goal: To embrace both.

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