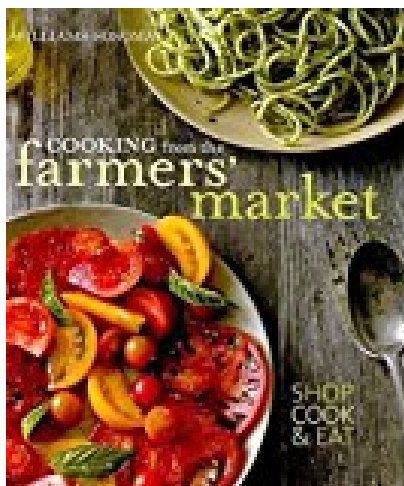


# Cooking from the Farmers Market

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## BOOK DETAILS

- Author : Jodi Liano
- Pages : 272 Pages
- Publisher : Weldon Owen
- Language : English
- ISBN : 161628384X

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## BOOK SYNOPSIS

It's market day! Enjoying a farmers' market meal is only three steps away: shop for what's fresh; cook with inspiration from these pages; and eat the delicious results. *Cooking from the Farmers' Market* will show you how easy and satisfying it is to practice 'farm-to-table cooking' in your own home. Recipes span all courses of a meal from mouth-watering appetisers such as a crisp bruschetta with spicy broccoli rabe; starters such as lemony mixed bean salad; main dishes like decadent tomato and mozzarella tart or juicy pork tenderloin topped with tangy rhubarb chutney; and to end the meal, tender cornmeal shortcake piled with fragrant strawberries. Three simple recipes follow the description of a vegetable or fruit, with each carefully crafted recipe using only a handful of other ingredients in order to showcase the produce at its best. With this book as a guide, you'll know exactly how to put delicious, seasonal meals on your table throughout the year.

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