

# Autism Life Skills From Communication and Safety to Self- Esteem and More - 10 Essential Abilities Every Child Needs and Deserves to Learn

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Foreword by Temple Grandin, Ph.D.  
*Author of Thinking in Pictures*

## Autism Life Skills

From Communication and Safety to Self-Esteem and More —  
10 Essential Abilities Every Child Needs and Deserves to Learn

Chantal Sicile-Kira

Author of Autism Spectrum Disorders and  
Advocacy for the Autism Spectrum



### BOOK DETAILS

- Author : Chantal Sicile-Kira
- Pages : 224 Pages
- Publisher : TarcherPerigee
- Language : English
- ISBN : 039953461X

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## BOOK SYNOPSIS

Award-winning autism expert Chantal Sicile-Kira presents a positive and empowering "bill of rights" for every person with autism. From an award-winning author and advocate, Autism Life Skills presents a positive and empowering "bill of rights" for every person with autism, regardless of impairment level. With advice and reflections from autistic adults across the spectrum, as well as Sicile-Kira's own experience as an advocate and parent of an autistic teen, the book covers these ten essential life skills: Making Sense of the World \* Communication \* Safety \* Self-Esteem \* Pursuing Interests \* Self-Regulation \* Independence \* Social Relationships \* Self-Advocacy \* Earning a Living Whether your child or student has Aspergers or is on the more severely impaired end of the autism spectrum, this action-oriented guide will provide hope and help -- so that every child has a chance to reach his or her full potential.

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