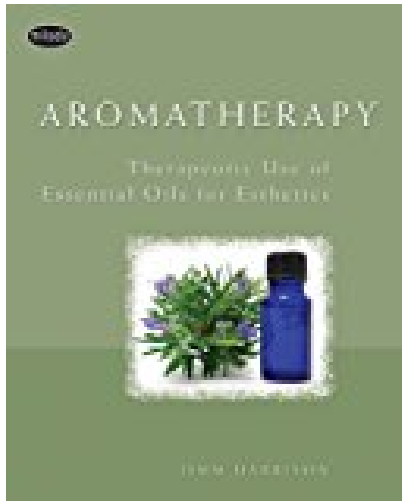


Aromatherapy Therapeutic Use of Essential Oils for Esthetics



BOOK DETAILS

- Author : Jimm Harrison
- Pages : 416 Pages
- Publisher : Milady
- Language : English
- ISBN : 1401898955

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BOOK SYNOPSIS

Aromatherapy by Jimm Harrison explores the complex and important chemistry and application of essential oils. With alternative and natural therapies becoming a part of daily life, this pertinent topic deserves this complete and informative treatment. Through aromatherapy, the use of essential oils is a creative, versatile, and powerfully effective treatment. This book provides the therapist and enthusiast with the tools and knowledge necessary to understand the complexities of essential oil therapy, and confidently utilize its healing potential. There is also extensive coverage of 33 essential oils allows the reader to know in-depth how these oils should be valued and used in a spa or medical setting. The book carefully notes and explains the many varying descriptions of essential oils that are out there, and presents in detail the reasons why conflicting information exists and how to filter through it. The inclusion of the plant origin of the essential oils in order to more clearly define their healing properties as well as their relationship with human hormonal balance adds dimension to the book. In all, Aromatherapy provides a thorough and accurate essential oils study for the reader, and will remain an invaluable resource in continued practice. Benefits: * Provides a useful foundation and philosophy and a basis for the client/practitioner relationship by defining holistic beauty and the role of the holistic practitioner. * Allows for thorough knowledge of essential oil activity and safety, even for those without a chemistry background, empowering the reader in essential oil selection and consultation. * Assists in the creation of a complete collection of essential oils appropriate for the reader by giving detailed information for 33 essential oils. * Presents practical methods of essential oils with easy to follow guidelines that can be applied to any practice. * Discusses human and plant biology and physiology which allows for

AROMATHERAPY THERAPEUTIC USE OF ESSENTIAL OILS FOR ESTHETICS

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