

Alkaline Vegan For Newbies Easy 1-- -3 steps to quick alkaline vegan meals



BOOK DETAILS

- Author : Mr. Nigel Robinson
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BOOK SYNOPSIS

There are many people like me who wanted to try a vegan diet but are intimidated by the recipes and the price of the ingredients. These are cheap Ingredients that can be found in regular supermarkets using less than a quarter of the approved alkaline vegan ingredients. This book is inspired by Dr. Sebis approved alkaline vegan ingredients which sets it apart from other alkaline vegan cookbooks. There are also herbal cures inside used by Dr Sebi to cure many diseases. Dr. Sebi have been known to cure many diseases and went as far as winning a case against him stating he could not cure AIDS. These are very easy and quick meals that you would be surprised that you made them yourself.

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